

February Newsletter

Bonjour ~ Kalhwa7alap 🖐️ ~ Hello

Signal Hill Elementary

Dear Families,

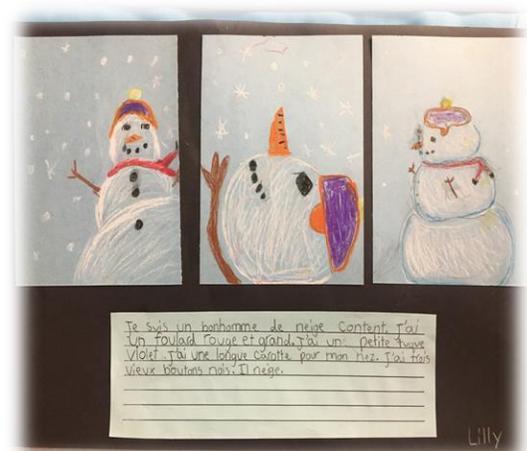
A lot of February activity for our students. We hosted Carnaval de Quebec on Feb 12. Bonhomme was our special guest and we celebrated with L' Ecole La Vallee. La Valle hosted a maple snow cone tasting. Our students and staff hosted the activity stations. The lead up to Carnaval had a great learning component. We learned about French Culture. Students contrasted and compared Carnaval activities to our own activities from Pemberton Meadows to D'Arcy.

Lil Bear Productions' Treasure Island has created quite a buzz in the building. Treasure Island is being performed this Friday, February, 28th at 7:00 pm at Signal Hill. Come out and support our aspiring young actors! Ticket sales start at 6:15, and gym doors open at 6:40!

In April we are hosting a workshop on **Emotional Co-Regulation for Parents/Guardians** at Signal Hill. This workshop will explore how parents/caregivers can develop a more mindful and compassionate understanding of their own and their child's anxiety-driven behaviour when they are able to make sense of the behaviour through a neuro-regulatory lens. We will explore the importance of caregivers/parents taking on the role of being the "bigger, stronger, wiser, kinder" person in the relationship with their child and what it means to be attuned to their child's need for safety and deep connection. Parents/guardians are in the ideal position to be able to support the development of this optimal state of being for their children. All are welcome!

Kúkwstumickacw | Thank you | Merci

Roberta Kubik, Principal



Upcoming Events

- ▶ Feb 28 @ 7:00 pm | Treasure Island Performance
- ▶ March 4 @ 12:00 | Early students dismissal for Collaboration Day
- ▶ March 13 | Reports Cards
- ▶ April | Emotional Regulation workshop for parents / guardians



Signal Hill Learning Plan Guiding Question | If we intentionally design personally relevant and rigorous projects that include cultural identity and social responsibility then students will feel safe enough to learn and collaborate.

The thinking behind collaboration is that it 'involves the ability and disposition to consider the interdependence of people with each other and the natural environment; to contribute positively to one's family, community, society and the environment; to resolve problems peacefully; to empathize with others and appreciate their perspectives; and to create and maintain healthy relationships'.



Visit our School Website to learn more about our Learning Plan. The plan will be posted under the top menu section of our school website.

SD 48 Refresh Plan | Neuroscience Research

Every child deserves a quality education not by chance but by design (Hattie, 2016). Neuroplasticity acknowledges that the brain's pathways can be changed and developed over time as an effect of environmental, behavioural, or neural changes. Enduring brain development requires the ability to apply meaningfully-learned knowledge and skills flexibly and creatively in different situations. Beyond mastery or routine expertise, meaningful learning occurs when the brain can access core competencies and continuously expand the breadth and depth of existing strengths. Recent research of neuroplasticity provides us with the following guidance.

Brain systems are actively engaged in narratives about meaning.

Deep learning involves relational thinking, place, connecting to past experiences, prior knowledge and understandings which create pathways for the creation and communication of new information. Stories deepen brain connections by contextualizing information prior to transferring it into memory. Brain functioning is impacted by the exploration of self-identity, as well as, individual and shared experiences and narratives. More holistic and experiential opportunities enhance higher level learning

SET BC | SET BC is a Ministry of Education Provincial Resource Program. SET BC works in partnership with BC schools to build capacity to use technology to support the diverse needs of the K to 12 learner. SET BC is partnering with Signal Hill to further strengthen our Learning Plan and Pathways to Learning. SET – BC and Signal Hill Elementary have partnered on an Inclusive Schools Initiative. SET BC met with our Intermediate staff (teachers and EA) for 2 days in January. SET BC worked with our Intermediate staff on Feb 7 Pro D Day in the morning. The District Principal of Technology offered an afternoon session on MAP (My Action Plan)

News From the Pro Social Learning Environment of the blended grade 5, 6 and 7 | The Blended classes | Pro Social Learning Environments have completed a website project. The website project is assessed using the rubrics based on the BC Writing Performance Standards. For Term 2 the classes will work on the following Provincial Learning outcomes

Core French:

- Begin to recognize the relationship between French letter patterns and pronunciation
- Identifies cultural traditions of the 'Carnaval de Quebec' as compares them to a local tradition

English Language Arts:

- Show an increasing understanding of the role of organization in meaning
- Use an increasing repertoire of conventions of Canadian spelling, grammar, and punctuation
- Career Education:

- Appreciates the importance of respect, inclusivity, and other positive behaviours in diverse collaborative learning and work environments

Applied Design, Skills and Technologies

- Demonstrates an understanding of internet safety

Fine Arts

- Perform and share creative works in a variety of ways

Student Artwork!



Universal Precaution – Concussions

Dear Parents/Guardians,

I wanted to share a great resources with you from Vancouver Coastal Health on concussions. At School Name we have at least one staff member trained and certified on how to effectively prevent, recognize, respond and help support a student's return to school following a concussion. • In the last year 1 in 5 students (20%) suffered a concussion • Children and youth are at higher risk of concussion • Children and youth take longer to recover following a concussion • 85% will recover with no long-term consequences with proper treatment and rehabilitation • Students are at high risk of a second concussion while recovering from a concussion • Concussions can have a significant impact on physical and mental health as well as learning and school performance BC Children's Hospital, Children's Health BC and other partner groups have created an excellent online tool for parents and caregivers, coached, as well as, players and participants that we would like to share with you and your student(s).

<https://cattonline.com/parent-caregiver/>

<https://cattonline.com/coach/>

<https://cattonline.com/player-participant/>

Facilitates - Grounds | Thank you to our Grounds staff for their early morning arrival to clear snow and de-ice our pathways!



In Conclusion

We are fortunate at Signal Hill to celebrate the languages of Ucwalmicwts, English, French and now some sign language. Language is culture. A wide-ranging cultural lens leads to a worldview perspective. This worldview perspective allows us to develop relationships and processes that honor different and diverse perspectives. In one word, we learn to **collaborate**. A skill that will hold us steadfast in life.



Kúkwstumickacw | Thank you | Merci

